

Raising our Boys and Girls to Value Chastity Thoughts on How to Guide our Youth to Honor God's Purity Boundary?

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Intro: **The white waters of puberty and adolescence**

A. Our children need a guide as they manage their 'white waters'
1. Preparation is vital

2. Passing on the 'trade secrets' is our calling

B. An ounce of prevention is far more than a pound of cure

1. Sexual sins are not more sinful than other sins but are more damaging

Flee fornication (sexual sin). Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body. (1 Cor. 6:18)

2. The damage is hugely intensified when sexual assault or abuse is experienced

3. The current cultural cesspool is the dangerous Pied Piper

Sexual activities are not seen as a special gift to married but as entertainment or recreational sport

C. The PPP aims of sexual education

1. **Prepare** them to remain chaste for marriage

2. **Prevent** them from drowning as they sexually awaken

3. **Protect** them from a trespass into their sexual garden

I. Guiding our children to understand their sexuality

- A. See this as your parental privilege of initiation
 - 1. Our sexuality is God created flowers: *beautiful & fragile*
 - 2. Avoid SCS: *Sexual Code of Silence*
 - 3. Living by SCS instils and perpetuates the SAA code: *Silent About Abuse*
- B. Talking about sexual things seems embarrassing and fearful
 - 1. Why do we sense this fear or awkwardness?
 - a. lack of role-model?
 - b. feeling of shame because it is so private?
 - c. don't know how, when, what?
- C. Success in sexual education is in building relationships
 - 1. Relationships precede rules
 - 2. Father-child(ren) relationship is crucial

II. Understanding God's teaching about sexual relationships

- A. Bible is surprisingly *positive* about the sexual relationship
 - 1. Gen 1:27 & 31: *all He created was 'very good'*
 - 2. The sexual relationship within marriage is holy: Heb 13:4 *Marriage is honorable and the bed undefiled.*
 - a. 'holy' means *separated – set apart – dedicated*
 - 3. Sexual relationship in marriage is God's command
 - a. 1 Cor 7:3-4: *positive side of seventh commandment*
 - b. Proverbs 5:15-20: *the Designer's direction*

c. Song of Solomon: *The Divine marriage manual*

III. The Reality of the 'white waters' is unavoidable

- A. Puberty & adolescence are often *lonely years of struggles*
 - 1. Teens often are too shy to talk openly when they deal with their biological sexual awakening
 - 2. Teens struggle with fear because of lack of security
- B. Without your *straight talk* they are *totally unprepared* and someone will do the *crooked talk*.

IV. How do you guide them to remain chaste and embrace TSA?

- A. Through your daily *family devotions* from their youngest days
 - 1. Be not silent on anything God speaks!
- B. Through proper 'modelling' within the family setting
 - 1. model non-sexual affection within your family: *growing teens still hunger for physical affection!*
 - 2. never allow degrading, sexual jesting, or teasing
- C. Through daily *life-situations* we encounter
 - 1. Deut. 6:6-9 call us to *reinforce Biblical boundaries around the beauty of sexual love*
- D. Through reading books with your (younger) children
 - 1. Focus on three fundamental areas
 - a. Boundaries: *what is appropriate – not appropriate*
 - b. Body awareness: *right vocabulary – define private*
 - c. Safety strategies: *assertiveness*

- E. Through reading a father/son – mother/daughter books ***before and during*** their puberty and adolescence
 - 1. Do not wait till hormones stage kicks in
 - 2. Reading with them is the most effective method
 - a. it allows you to also share your own struggles
 - b. allows your child to re-read in their own time
 - 3. Include straight forward talk about the differences between how God made male and female different
 - a. 1 Cor. 7:1: *why is it not good to touch a woman?*
 - b. Matt. 5:28: *why does female nakedness effect men?*
 - 4. Teach about the LAW of progression (see next pages)
 - 5. Be open about the beast of pornography
- F. Through open talks when they begin to *go out with friends*
- G. Through accountability guidance when they begin courtship
 - 1. Father: take charge to have a TSA talk with any young male who wants to court your daughter!
 - 2. Do not assume they are promise-keepers

Suggested bibliography. Titles marked with * are to be read with your children. As with all books, read with discernment.

1. *Preparing for Adolescence*, Dr. James Dobson
2. **Preparing your son for every man's battle*, Stephen Arterburn
3. *Raising Sexually Pure Kids*, Tim and Beverly LaHaye
4. **Susie's Babies*, Margaret Clarkson
5. **Life Before Birth*, Gary E. Parker
6. **Growing up God's Way for Girls/Boys*, Chris Richards and Liz Jones
7. *Check out www.lovewise.org.uk for excellent materials for home, school, church.
8. Excellent Biblical materials for family, youth are found at <https://canonpress.com/collections/family-marriage>
9. **Passport2Purity and Passport2Integrity* by Dennis & Barbara Rainey