**Psalters:** 245:1,2,3 - 281:1,2,3,4 - 420:1,2 - 247:1,2,4,5,6

**Scripture**: Hebrews 4:1-13

**A SERIOUS ADMONITION TO ENTER INTO REST**

1. **The rest of God**
* Hebrews, like a sermon, contains portions of doctrine followed by applications.
	+ C1: Jesus is Son of God; higher than the angels.
	+ C2:1-4, serious application and exhortation.
	+ C2:5-18; Jesus, Son of man; deeply humbled.
	+ C3:1-6; Christ is more excellent than Moses.
	+ C3:7-11, Again a very serious application.
		- Compare with chapter 11 and Lk. 16:28.
* What is this rest?
	+ Katapausis.
	+ Sabbatismos.
		- Rest for the soul (Mat. 11:28-29).
* The apostle exhorts us to enter into that rest.
	+ Observe what the unbelieving Israelites received and where they went (Rev. 14:11).
1. **The Word of God**
* Is ‘quick’ (cf. Acts 10:42; 2 Tim. 4:1; 1 Pet. 4:5).
* Always has an effect (2 Cor. 2:15-16).
	+ What have you done with the Word? (cf. Heb. 12:25 and 2 Cor. 5:20).
* It is a delight to God when sinners rest with Him for their burdened souls.
* Sword of His Word reaches where a normal sword cannot reach.
	+ Cuts two ways: convicts of sin and convinces of righteousness (Canons III/IV,11; II/IV, 14).
* Reveals Jesus as the Author and Finisher of their faith (Heb. 12:2).

1. **The judgement of God**
* Behind the Word is God Himself.
	+ Is that reality for you?
* “*in his sight*” refers to standing before His throne to give a final account of our life; before

Him Who gives the Law and proclaims the gospel.

* Note the beginning of the exhortation (Heb. 4:1; cf. Mk. 14:19).
* How will we stand before Him for Whom all things are naked and opened (cf. Heb. 10:26-31)?
* Those who are covered by the righteousness of Christ shall enter into His rest (Rev. 4:10, 13).