

# Psalm 90

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Psalm 90 is the first Psalm of book 4.

The Psalms are divided in 5 books ending with “Amen, Amen,” or: “Hallelujah.”

The Psalms are a collection of prayers, hymns, spiritual songs, for teaching, comforting, praising, singing, praying and admonishing with and for one another.

Psalm 90 is “A prayer of Moses the man of God.”

1 a: Is there a time in Moses’ life from which we recall this prayer and/or blessing?

1 b: What does the word dwelling place mean?

1 c: “Lord—Thou...” In the time of the journey of the people of Israel they had no place to stay, yet Moses quotes “dwelling-place.” What did it mean to him and the Israelites?

1 d: Any experiences in our own life about this first verse?

2 A dwelling place: “From everlasting to everlasting.”

What did Moses know about this? Any other similar scripture verses?

3 a: Where does this first part of verse 3 refer to?

3 b: "Return ye children of men." The meaning of this?

4 a: For us 1000 years ARE 1000 years, for the Lord: "In Thy sight (are but) as yesterday. If we look at the word "For" where does this word point to?

4 b: Other verses like this in God's Word?

5 and 6: Again the impression of the shortness of time/life.

Find other texts to support this.

7 Are we consumed by God's anger and troubled (what does this word mean?) by His wrath if we may confess our life to be in Christ?

8 There seems "no end" to the Lord to expose our sins and iniquities.

Yet the Lord does not deal with us according to our sins.

(Ps.103:10) This seems to be a contradiction. Explain.

9 a: Are all our days passed away in His wrath or only in that time of the Israelites through the wilderness?

9 b: How do we know this?

When Moses prayed this prayer he was probably older than 70/80, yet he says by reason of strength to become 80-and-“labour and sorrow!”

Surely is the Lord not (a) blessing (to) us?